Blessed Sacrament Parish

194 Fourth Avenue, Ottawa ON, K1S 2L6, 613-232-4891
office@blessedsacrament.ca • www.blessedsacrament.ca • Facebook

Twenty-Sixth Sunday in Ordinary Time ~ September 28, 2025

Mass Schedule

Regular Sunday Mass

† Saturday Vigil .....4:30 PM
† Sunday Mass.....10:00 AM

Regular Weekday Mass

† Monday & Tuesday .....6:30 PM
† Wednesday to Saturday ..... 9:30 AM

Seniors Homes Mass

† Colonel By ..... Tuesday 11:00 AM
† Glebe Centre .....Thursday 10:30 AM

Reconciliation

See Fr. Tim before & after ***ALL*** Masses
By appointment during the week.

· Saturday AM ..... 10:00 - 10:30 AM
· Saturday PM ..... 3:45 - 4:15 PM

Devotions

Eucharistic Adoration
Wednesday to Saturday ..... 8:30 AM

Recitation of the Holy Rosary
Sunday in the church ..... 9:30 AM

The Holy Face of Jesus
Tuesdays after Mass .....≈ 7:15 PM

Legion of Mary
Saturdays After 9:30 AM Mass
Rosary & Evangelization .....≈ 10:30 AM
Children's Rosary (5yo-13yo) ..... 11:30 AM

Reparations During Mass
1st Friday ..... Sacred heart of Jesus
1st Saturday ..... Immaculate Heart of Mary
1st Wednesday ... Chaste Heart of St. Joseph

Parish Office

Office Hours

Tuesday – Friday: 9:00 AM - 3:30 PM

Clergy

Fr. Timothy P.V. Nelligan, Pastor
pastortpvn@blessedsacrament.ca

Dcn. David Mulcair
buildingthevision.feedback@gmail.com

Fr. Leagon Carlin (In Residence)

Parish Staff

Jason Morin, Office Administrator
office@blessedsacrament.ca
613-232-4891

Vivian Gratton, Bookkeeper
account@blessedsacrament.ca

Frank Deehan, Custodian

Lazarus & the rich man

September 28th Liturgy of the Word	
1st Reading	Amos 6: 1,4-7
Psalm	Ps 146
2nd Reading	1 Timothy 6: 11-16
Gospel	Luke 16: 19-31

Phrontistery

City of Ottawa Town Hall & Email Campaign

On Wednesday, September 24th, Blessed Sacrament hosted a 'TOWN HALL' meeting organized by the City of Ottawa. The purpose was to present the City's proposal to improve traffic flow on Bank Street. Fr. Tim spoke up about the need for **3-Hour Parking** throughout the Residential Area of the Glebe. There was a suggestion from the City Representative to create 'bike lanes' on Percy Street, Lyon Street, and Craig Street. This idea would be a hinderance to traffic mobility and will further exacerbate the already very limited parking in and around the church.

As a community we need to engage in an **Email Campaign** to request **3-Hour Parking** and to oppose the increase of 'bike lanes' on Percy Street and nearby streets. The person to email is Lise Guevremont:

lise.guevremont@ottawa.ca

There will be ***another*** 'TOWN HALL' this coming Wednesday, October 1st at 5:30 PM in the Parish Hall. Please plan to attend and to make a point of expressing your concerns to this second group and to Lise via her email.

Thank you.

Parish News

Request for Lectors

Proclaiming the Word of God is an important ministry carried out by a small but dedicated lector team here at the parish. This group of volunteers is looking to grow its numbers and would like to invite interested parishioners to please reach out by contacting the parish office. No previous experience is required; training will be provided!

Thanksgiving Food Drive

The Parish Pastoral Council is running a Thanksgiving Food Drive for our local food bank. The weekend before Thanksgiving (October 4th & 5th) we will be asking every household in the parish to take home at least 3 shopping bags (donated by our local Metro). The goal is to have one bag filled by your household and one bag filled by at least two of your neighbors. The bags are to be returned the weekend after Thanksgiving (October 18th & 19th).

In appreciation, there will be a Parish Thanksgiving Communion Breakfast for all who participate in the food drive including your participating neighbors. Don't worry, we will have handout instructions to go along with the shopping bags.

We are also asking for volunteers to make this food drive a success by:

1. Delivering the bags of donations to the local food bank (an hour or two to be scheduled the week following October 19).
2. Helping with the Communion Breakfast scheduled for Sunday, October 19 following the 10:00 AM Mass.

We will have members of our Parish Council with sign up sheets in the Narthex after Masses this weekend.

Learn Latin!

Upcoming Latin classes by Academia Latina Ottaviensis, hosted online in English:

Course: Beginners I Latin
Teacher: Paul Harrison
Time: Tuesdays 17:30 - 18:30 EST
Duration: 8 weeks or 2 months
Description: An easy to follow course for beginners. You will also learn the basic declensions and the correct way to pronounce.
Price: $30/month ($60 total)
First class: Tuesday, October 14, 2025
Registration link:
https://forms.gle/U416miQLeXweMJZU7

Where: Google Meets
For more information: www.acadlatinott.com
Contact us: acadlatinott@gmail.com
Payment: E-transfer to acadlatinott@gmail.com

Parish Ministries

Pastoral Council

pastoralcouncil@blessedsacrament.ca

Executive

Ex Officio .....Fr. Timothy Nelligan

Chair .....Jaqui Cadieux

Vice-Chair .....Blaine Duffley

Secretary ..... Fiorella Padowin-Castillo

Treasurer .....Ryan Justus

Voting Members

Thomas Bauer
Marie-France Lapierre
Harold Joseph Marcotte
Ani Monday
Jake Oakes
Roderick Young

Ex Officio Members

Dcn. Dave Mulcair

Contacting The Pastoral Council

Do you have any suggestions, ideas, comments or questions for the Parish Pastoral Council? Two ways you can communicate these are:

1. Via our Suggestion Box (located in the Narthex)

2. By e-mail feedback@blessedsacrament.ca

3. Of course, you may always approach any member of the pastoral council.

Finance Council

Chair .....Paul Giacomin, CPA

Member.....Dorn Roche, CPA

Member .....Michael Tate

Mass Ministry Coordinators

Altar Servers & Sacristans ..... Jake Oakes

Children's Liturgy..... ➡ Volunteer Needed

Lectors.....Anne Gilbert

Music ..... Richard Bethell (613 232 4891)

Ushers ..... Fiorella Padowin-Castillo

Other Ministry Coordinators

Baptism .....Dcn. Dave Mulcair

Centretown Social Action .....Frank Deehan

Cursillo..... ➡ Volunteer Needed

Evangelization .....Jacob Loach
evangelization@blessedsacrament.ca

Hall Manager .....Frank Deehan

Hospitality .....Katherine Caine

Legion of Mary .....Maximilien Vachon
legionmaryottawa@proton.me

Inner City Ministries.... ➡ Volunteer Needed

Pro-Life .....Shauna Healey

R.C.I.A. ..... Dcn. Dave & Jacob Loach

Sacrament Preparation .. Ann-Louise Revells

Save Environment .....Frank Deehan

Welcoming Committee . Ann-Louise Revells

Welcoming Committee ..... Marilyn O'Neil

Young Children's Catechesis .....Maria Cruz

Financial Stewardship

THANK YOU!
Your generosity is greatly appreciated.

September Weekly Collection	
September 7	$995.00
September 14	$785.70
September 18 (PAD)	$7,076.00
September 21	$779.50
September 28	
September Total:	$9,636.20

Pre-Authorized Donations (*PAD)

Did you know ... Once-a-month Pre-Authorized Donations (PAD) is the same as a cash or cheque offering for the collection basket! It helps us by providing a regular, dependable flow of contributions.

To sign-up, please pick-up a form in the Narthex, or download it **HERE** → place the completed form in the collection basket, and we'll set it up for you!

Bequests: Please remember Blessed Sacrament Parish in your Will. To make arrangements, please contact the parish Office: 613-232-4891.

Our Registered Charitable Tax No. is:
12896-7353-RR-0092

Scan to sign up for Tip Tap Tax Receipts

SCAN TO REQUEST TAX RECEIPT

Centretown Community Food Centre

370 Catherine Street

Mon, Tue, Thu	12PM - 3PM
Friday	9AM - 12PM

The Food Centre provides each client with a 3-to-4-day supply of groceries, allowing clients to browse and select their food much like any grocery store.

Please Consider Donating the Following:

- Nut Butters and Spreads
- Canned Fish, Meat, Soups & Stews
- Canned Vegetables, Beans, Baked Beans
- Cereals
- Dry pasta and pasta sauce, Kraft dinner
- Toothpaste and toothbrushes
- Toilet paper
- Products for families that have special dietary needs (i.e.: alternative dairy options or gluten free products)

People living in the Centretown area bordered by Wellington Street to the north, Billings Bridge to the south, Lyon St. to the west and Main Street, including Lees Avenue, to the east are eligible for help. Please bring ID and proof of address.

Need a Hot Meal?

Centre 507 at 507 Bank Street offers meals 3x/day every day except Monday (2x only, no lunch). For more information call 513/233-5626 or click the link:
http://www.centre507.org/

Spiritual Development

Scheduling a Baptism? or Planning a Wedding?

Please Call: 613 232 4891

Be sure to check out our website at the above links (in blue).

Children's Sacrament Preparation Classes

Registration is now open for children intending on receiving the **Sacraments of Reconciliation and First Holy Communion**, or **Confirmation**. Please click on the links below for more information and to download the registration forms.

First Reconciliation/Holy Communion
The registration form can be downloaded from here.

Confirmation
The registration form can be downloaded here.

RCIA Programme 2025/2026

Would you like to join the Catholic Church, or do you know someone who might be interested? Are you a Baptised Catholic but have not yet received First Holy Communion or Confirmation? The Rite of Christian Initiation for Adults is a faith formation programme to develop a deeper understanding of the Catholic Faith and so preparing an individual to receive the Sacraments of Initiation (Baptism, Holy Communion, and Confirmation).

This is not merely a series of classes, but a journey involving in-person learning, personal study, and prayer. RCIA classes to join the Church are **Thursdays at 6:30 PM** in the Parish Hall. Anyone and everyone who would like to join the Church is invited.

Request for RCIA Sponsors

There is a need for **SPONSORS** for our Catechumens. If you are a Confirmed Catholic aged 16 years or older, please consider becoming a sponsor. We encourage each of you to pray on it. For those interested or for more information, please contact Deacon Dave or Jacob Loach.

Faith Formation for Children Based on the Catechesis of the Good Shepherd

The Catechesis of the Good Shepherd is a time-tested approach to faith formation. It feeds the deepest needs of children, allowing each one to get to know God personally. In a retreat-like atmosphere, through the use of special materials designed just for them, children hear the Word proclaimed and grow in their relationship with God.

The most essential treasures of the Christian faith, from scripture and liturgy, touch the heart of each child and lead to deep contemplation, prayer, and joy. Level 1 of Catechesis of the Good Shepherd at Blessed Sacrament takes place from October to June on Saturday mornings.

To learn more please see our website: here or contact Maria Angelica Cruz at maria.cruz.cuevas@gmail.com

Registration Form Link

Re-Enrolment Form Link

CGS Brochure

CGS Calendar

Pro-Life Corner

"The refusal to take sides on great moral issues is itself a decision. It is a silent acquiescence to evil."

Archbishop Fulton J. Sheen

What can I do to stand up for life?

Participate in Life Chain Sunday, October 5th

Location: corner of Bank and Nepean streets

Held at 350 locations across Canada each year, Life Chain is a peaceful and prayerful witness to the sanctity of all human life and brings awareness to the evils of abortion. The demonstration is a simple but powerful reminder to our fellow citizens of our duty to defend the weakest members of our society. It will be held from 2:00 to 3:00 on the corner of Bank and Nepean streets. More information can be found at this link.

PRAY!

Join us in praying the rosary at 9:30 on Sundays before Holy Mass. The rosary on the 2nd Sunday of every month, i.e. Sunday, October 12, is for pro-life intentions.

Thank you!!

Thank you to everyone who participated in 40 Days for Life on September 24th, praying in a silent vigil for those who have lost, or will lose, theirs lives through abortion and that the hearts of those who support abortion will change.

Monthly Devotion

September is Dedicated to Our Lady of Sorrows

Seven Sorrows of the Blessed Virgin Mary

Form approved by Pope Pius VII (1815):

V. O God, come to my assistance;
R. O Lord, make haste to help me

V. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

1. The Prophecy of Simeon (Luke 2:34-35)
I grieve for you, O Mary, most sorrowful, in the affliction of your tender heart at the prophecy of the holy and aged Simeon. Dear Mother, by your heart so afflicted, obtain for me the virtue of humility and the gift of the holy fear of God. (Hail Mary...)

2. The Flight into Egypt (Matthew 2:13-21)
I grieve for you, O Mary most sorrowful, in the anguish of your most affectionate heart during the flight into Egypt and your sojourn there. Dear Mother, by your heart so troubled, obtain for me the virtue of generosity, especially toward the poor, and the gift of piety. (Hail Mary...)

3. The Loss of Jesus for Three Days (Luke 2:41-50)
I grieve for you, O Mary most sorrowful, in those anxieties which tried your troubled heart at the loss of your dear Jesus. Dear Mother, by your heart so full of anguish, obtain for me the virtue of chastity and the gift of knowledge. (Hail Mary...)

4. The Carrying of the Cross (John 19:17)
I grieve for you, O Mary most sorrowful, in the consternation of your heart at meeting Jesus as He carried His cross. Dear Mother, by your heart so troubled, obtain for me the virtue of patience and the gift of fortitude. (Hail Mary...)

5. The Crucifixion of Jesus (John 19:18-30)
I grieve for you, O Mary most sorrowful, in the martyrdom which your generous heart endured in standing near Jesus in His agony. Dear Mother, by your afflicted heart, obtain for me the virtue of temperance and the gift of counsel. (Hail Mary...)

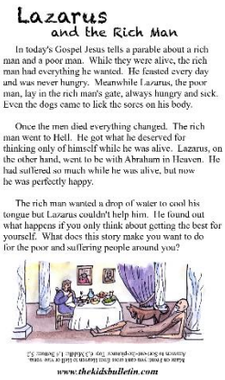
6. Jesus Taken Down from the Cross (John 19:39-40)
I grieve for you, O Mary most sorrowful, in the wounding of your compassionate heart, when the side of Jesus was struck by the lance before His Body was removed from the cross. Dear Mother, by your heart thus transfixed, obtain for me the virtue of fraternal charity and the gift of understanding. (Hail Mary...)

7. Jesus Laid in the Tomb (John 19:39-42)
I grieve for you, O Mary most sorrowful, for the pangs that wrenched your most loving heart at the burial of Jesus. Dear Mother, by your heart sunk in the bitterness of desolation, obtain for me the virtue of diligence and the gift of wisdom. (Hail Mary...)

Let Us Pray:
Let intercession be made for us, we beseech You, O Lord Jesus Christ, now and at the Hour of our death, before the throne of Your mercy, by the Blessed Virgin Mary, Your Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, O Jesus Christ, Savior of the world, Who with the Father and the Holy Spirit lives and reigns world without end.
Amen.
Source: EWTN

Family Corner

The Kids' Bulletin
26th Sunday in Ordinary Time
September 28th, 2025

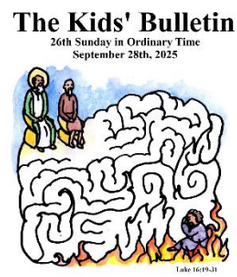

Lazarus and the Rich Man

In today's Gospel Jesus tells a parable about a rich man and a poor man. While they were alive, the rich man had everything he wanted. He feasted every day and was never hungry. Meanwhile Lazarus, the poor man, lay in the rich man's gate, always hungry and sick. Even the dogs came to lick the sores on his body.

Once the men died everything changed. The rich man went to Hell. He got what he deserved for thinking only of himself while he was alive. Lazarus, on the other hand, went to be with Abraham in Heaven. He had suffered so much while he was alive, but now he was perfectly happy.

The rich man wanted a drop of water to cool his tongue but Lazarus couldn't help him. He found out what happens if you only think about getting the best for yourself. What does this story make you want to do for the poor and suffering people around you?

www.thekidsbulletin.com


The Kids' Bulletin
26th Sunday in Ordinary Time
September 28th, 2025

Luke 16:19-31

In Jesus' parable, the rich man asks Abraham to send Lazarus to him with a drop of cool water. But can Lazarus cross between Heaven and Hell? See if the maze will let him cross.

Click to Download the Kids' Bulletin

Educational Apps for the Whole Family

FORMED

Picks of the Month:

Speaker and author Kimberly Hahn, wife of Dr. Scott Hahn and mother of six, is a convert to the Catholic Faith. Although honoring Mary was difficult for her to understand initially, she began to encounter Mary's loving guidance in little ways on a daily basis. In this presentation, Kimberly reflects on the joys and sorrows that Mary prayerfully experienced during her time on earth, and shares how her example leads us closer to Christ.

In an acclaimed film portrayal, Olivia Hussey illuminates the life story of Mother Teresa of Calcutta, the selfless missionary who brought hope, love, and salvation to the poorest of the poor. The movie examines the fundamental moments of Mother Teresa's life from her childhood in Albania in the 1920s to her first calling as a nun, the decision to leave her order and live with the poorest of the poor, the challenges of founding the Congregation of the Missionaries of Charity, and her great work of service in Calcutta and the rest of the world.

HOW TO USE FORMED:

1. Go to: https://formed.org/parishes
2. Click on 'Find Your Parish Subscription'
3. Search for **Blessed Sacrament Parish Ottawa**
4. It should be the first or second result, click it
5. Enter your Name and Email address
6. Wait for an email with the Formed access link
7. Click the link and enjoy what is offered!

LAUDATE

Laudate is a fantastic **FREE** Catholic tool that has everything about our Faith that could ever be hoped for in a single app and Fr. Tim has contributed to its content! On AppleOS & Android.

MASS INTENTIONS

Saturday, September 27 — **St. Vincent De Paul**
9:30 AM • For the healing of Robert

Saturday, September 27 — **Vigil 26th Sunday in Ordinary Time**
4:30 PM • *Pro Populo*

Sunday, September 28 — **Twenty-Sixth Sunday in Ordinary Time**
10:00 AM † For the repose of the soul of Denise Lafortune, mother of Marc Gagnon

Monday, September 29 — **Sts. Michael, Gabriel, Raphael: Archangels**
6:30 PM • For the good health & quick recovery of Julie Campbell-Tsui Sioe, by Marlyn, Tim & the Lappan-Campbell Family

Tuesday, September 30— **St. Jerome**
6:30 PM • For a special intention, by Carol Campbell

Wednesday, October 1 — **St. Thérèse of the Child Jesus**
9:30 AM • For the special intentions of Stacey Morin

Thursday, October 2 — **The Holy Guardian Angels**
9:30 AM • In thanksgiving for the protection received from our guardian angels

Friday, October 3 — **Ferial**
9:30 AM

Saturday, October 4 — **St. Francis of Assisi**
9:30 AM

Saturday, October 4 — **Vigil 27th Sunday in Ordinary Time**
4:30 PM • *Pro Populo*

Sunday, October 5 — **Twenty-Seventh Sunday in Ordinary Time**
10:00 AM • In thanksgiving from Florida Munihiri for the graduation of her daughter from university

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Our Prayer List

Let us pray for the sick and suffering, especially:
Richard Bethell, Henry Dupuis, Marc Gagnon, Joseph Grabetz, Wanda Hartlin, Joaquín & Olivier Le Gras, Hudson McGregor & Family, Alex Maharaja, Bianca Mayer-Schopohl, Dcn Chris Moffat, Fr. Michael Ruddick & our Parishioners who are suffering economic hardship. *Please also pray for a resolution to our parking woes.*

Our prayer list will reset on September 30th. For additional prayers, to retain someone on the list or to add someone to the list, please contact the parish office.

ST. THÉRÈSE PERPETUAL NOVENA

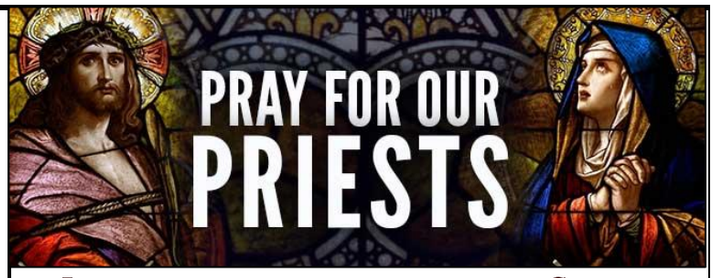
We pray for our Parishioners, their intentions, and for our community.

Novena Link

September 23, 2025 – October 1, 2025
St. Therese, please pray for Canada and in reparation for the sins of abortion and euthanasia in our country. It is unthinkable that 100,000 babies are killed every year in our country and that Canada is amongst the leaders of euthanasia. Ask the Lord to turn our eyes back to HIM!!!!!!!

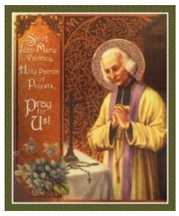
October 2, 2025 – October 10, 2025
Little Flower, our country is being led at all levels of government in a way that ignores Our Lord. How can we expect blessings? We need strong Catholics to step up and take roles in leadership in all walks of life. Please pray that the Lord will give us all the strength to stand up to what is evil.

St. Therese, please, please, please, pray for humanity! We have strayed so far. Please pray that all people, all family members and friends, will receive the spiritual benefits of a proper Catholic funeral EVEN IF the remaining family members are not practicing their faith. Please pray for the awakening of ALL baptized Catholics!



Let us join in prayer to support our Clergy:
Fr. Timothy Nelligan
Dcn. David Mulcair
Fr. Leagon Carlin

PRAY THIS PRAYER EVERY DAY ALONE, AS A COUPLE OR AS A FAMILY!



Saint John Vianney, we pray you to bless and help our pastor so that he may love dearly in this life and be richly rewarded in the next. Obtain for him the grace always to be kind and generous, self-sacrificing, and zealous. Watch over the people of our parish and keep them free from all evils. Help them to be loyal and generous in the support of our pastor.

Help us particularly always to give him the respect and honor due him as a priest. Except for him we should not have the Holy Sacrifice of the Mass, or Your presence among us, or the other sacraments that we so dearly love and need. ***From his anointed hands we receive the food of our souls, the most precious Body and Blood of our Lord Jesus Christ.***

From his lips we hear the word of God. By the power given to him our sins are forgiven, and we are given all blessings, and it is he who will anoint us when we are dying and will offer the Holy Sacrifice for us when we are dead. Help us, dear Saint, to see Christ in him, and to cooperate with him in all his work for the good of our souls. Amen.

Source: *Rural Life Prayerbook* by Alban J. Dachauer, S.J., National Catholic Rural Life Conference, 4625 Beaver Avenue, Des Moines, Iowa 50310 ncrlc.com, 1956

Devotion to the Holy Face of Jesus

When: Every Tuesday, immediately following the 6:30 PM Mass

Where: In the church in the presence of our 1st Class Relic!

Why: Jesus requested the devotion take place at least one Tuesday/Month, as revealed to Sister Marie de Saint Pierre.

The purpose is to unite in prayer and in adoration of the **Holy Face of Jesus** in reparation for sins against the first three Commandments, concerning idolatry, blasphemy and irreverence, and to offer the wounded Face of Jesus, the emblem of the Godhead, as an object of adoration and prayer in union with the Archconfraternity of the Holy Face to save souls and restore Christendom in Canada and throughout the world.

Papal Intention for September

For Our Relationship with All of Creation

Let us pray that, inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.

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