

Blessed Sacrament Parish

194 Fourth Avenue, Ottawa ON, K1S 2L6
613-232-4891; office@blessedsacrament.ca; www.blessedsacrament.ca

17TH SUNDAY OF ORDINARY TIME ~ JULY 30, 2023

MASS SCHEDULE

Regular Sunday Mass

+ Saturday Vigil4:30 pm
+ Sunday Mass...9:30 am & 11:30 am

Regular Weekday Mass

+ Monday and Tuesday, 6:30 pm
+ Wednesday, Thursday, Friday,
& Saturday morning 9:30 am

Seniors Homes Mass

+ Lord Lansdowne **on hold**
+ (Glebe Centre) **Thursday 10:30 AM**
+ (Colonel By) **3rd Tuesday of every month 11:00 AM**
+ Amica Centre **on hold**
.....

RECONCILIATION

· See Fr. Tim before or after ALL Masses, or By Appointment during the week.
· Saturday AM 10:00 - 10:30 am
· Saturday PM 3:45 - 4:15 pm
.....

DEVOTIONS

Eucharistic Adoration

· Wednesday to Saturday 8:30 am

In Reparation to Jesus, Mary & Joseph

· First Friday ~ *Sacred Heart of Jesus*
· First Saturday ~ *Immaculate Heart of Mary*
· First Wednesday ~ *The Most Chaste Heart of St. Joseph*

Recitation of the Holy Rosary

· Sunday in the Church 9:00 am

PARISH OFFICE

Office

Tuesday - Friday.. 9:00 am - 3:30 pm
Main Reception: 613-232-4891

Clergy

Fr. Timothy P.V. Nelligan, Pastor
pastortpvn@blessedsacrament.ca

Deacon Chris Moffat

CHRISMOFFAT@ME.COM

Parish Staff

Diana Gordine,
Office Administrator
office@blessedsacrament.ca

Vivian Gratton, Bookkeeper
account@blessedsacrament.ca

Frank Deehan
Maintenance/Custodian

Priests in Residence

Fr. Félix Roberge
Military Ordinariate of Canada
Fr. Michael Ruddick

PARISH MINISTRIES

♦ Coordinator of Evangelization

Niko Frlan,
Evangelization@blessedsacrament.ca

♦ Baptism Coordinator

Julia Moffat

♦ Centretown Churches Social

Action Committee - Frank Deehan
→ **NEW**

♦ Catechesis of the Good Shepherd

Maria Cruz, CGS Coordinator,
Maria.cruz.cuevas@gmail.com

♦ Children's Liturgy

Ann-Louise Revells
· · · · · → **VOLUNTEER NEEDED**

♦ Councils

1) **Pastoral Council Chair**
2) **Finance Council Chair**
Paul Giacomini, CPA
finance@blessedsacrament.ca

♦ Cursillo Representative

· · · · · → **VOLUNTEER NEEDED**
♦ Divine Mercy Cenacle → **NEW**

Mariette Ledo,
♦ Hospitality Team → **NEW**

Austin Pellizzer;
austinpellizzer@yahoo.ca

♦ Music Ministry

Richard Bethell, Music Coordinator
613-232-4891

♦ Mass Ministry Coordinators

1) **Sacristans:** → **SACRISTAN(S) NEEDED - Please contact the Office to find out more info.**

2) **Lectors:** David Mulcair
bible4faith@gmail.com

3) **Ushers:** Fiorella Padoin-Castillo

fmcastillo29@gmail.com

♦ Pro-Life Representative

Shauna Healey
shaunahealey@hotmail.com

♦ R.C.I.A. (Adult Faith Formation)
Richard Bethell, Facilitator
lighton@gmail.com

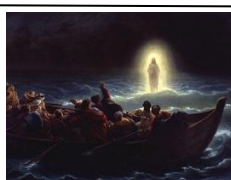
♦ SYNODAL Share Group

♦ Sacramental Preparation:

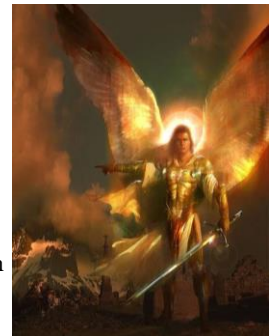
Ann-Louise Revells,
alrevells@gmail.com

♦ Safe Environment Coordinator
Volunteer

♦ Welcoming Committee
Ann-Louise Revells
Marilyn O'Neil



Psalm 91



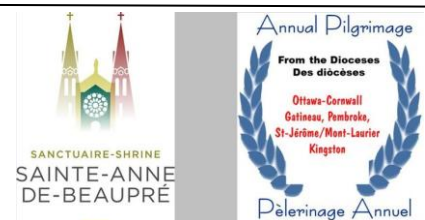
Whoever dwells in the shelter of the Most-High will rest in the shadow of the Almighty.

I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."

"The LORD is my refuge," and you make the Most High your dwelling, no harm will overtake you, no disaster will come near your tent. For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone. "Because he loves me," says the LORD, "I will rescue him; I will protect him, for he acknowledges my name.

Dear Deacon Chris & Julia, In these beautiful words from Psalm 91, I commend you, on behalf of the Parishioners of Blessed Sacrament Parish, to the Holy Will of God. You have been in our midst for many years and have helped this parish to grow and flourish in so many ways. Please know of our love and prayers for you as you begin your ministry at St. Augustine's Parish. Although this is a time of parting, it is never "good-bye" or "farewell" but merely 'Until We Meet Again'.

Fraternally Yours in Our Lord Jesus Christ,
Fr. Timothy P. V. Nelligan, Pastor



Sainte-Anne-de-Beaupré Annual Pilgrimage
August 12-13, 2023

40 private rooms available at the Monastery. Total cost is \$265 which includes Bus, Private Room, Continental breakfast Sunday (cantine Fraternité St-Alphonse) and lunch on Sunday after 11 a.m. mass.

Mike Budge, 613-224-8110
Email: pa.ap@bell.net
Website: <https://www.ste-anne-de-beaupre.com/>



(Click to open)

Website: <https://spiritualmotherhoodofpriests.ca/>
Email: spiritualmotherhoodottawa@gmail.com

613-254-7220

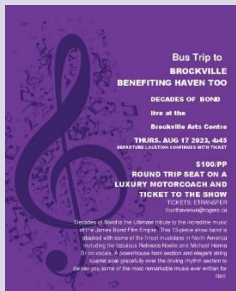
Professor O'Connor's website:
<https://dsdoconnor.com/>

Support Evangelization

Please consider donating to our evangelization efforts at Blessed Sacrament. Follow the link for details on how you can donate.
<https://blessedsacrament.ca/donate/>

FORMED THE CATHOLIC FAITH. ON DEMAND.
 FORMED IS FREE for parishioners: FORMED offers Documentaries, talks, movies and much more ... Click the FORMED logo to register or go to the BSP website.
<https://formed.org/signup>

Anyone wishing to donate toward the total cost of **\$1,074.63** are most welcome to do so. Thank you for your consideration and generosity.



[\(Click to open\)](#)

Haven Too Youth Shelter Fundraiser

Brockville Bus trip:

Thursday, August 17, 2023, 4:45 p.m.
 "Decades of Bond" live at the Brockville Arts Center. \$100/pp round trip seat on luxury motorcoach and ticket to the show.

Tickets:
 eTransfer - fourthavenue@rogers.ca
 (Departure location confirmed with ticket.)

Fourth Avenue Baptist Church has operated an emergency shelter Haven Too Youth on two nights a week for homeless youths as young as 16 years of age.



Dear Blessed Sarament Parish,
 I would like to express my sincere gratitude for the recognition and support you have provided me through this award. It is an honour to be chosen for the Blessed Sacrament Parish Award. I plan on pursuing a degree in Criminology at the University of Ottawa, while running for the track team. Thank you, I appreciate your assistance in pursuit of my future endeavours.

Thank you,
 Adriano Padoin-Castillo



SCHEDULING A BAPTISM?

Please contact our Baptism Coordinator, Julia Moffat, at 613-697-7966 or knowthydog@yahoo.ca

Need a hot meal? Or basic groceries?

Contact the parish Office for a list of places and helpful resources. 613-232-4891.

THE HUB



Insta-> @thehub555

Follow "The Hub" on Instagram for updates about Catholic Young Adult events around Ottawa!

FRIDAY, SEPTEMBER 8,
 6:30 p.m. - 8:00 p.m., &
 SATURDAY, SEPTEMBER 9
 8:30 a.m. - 4:00 p.m.
 UNEARTHING JUSTICE:
 OTTAWA-CORNWALL
 ARCHDIOCESAN D&P COUNCIL &
 COMMUNITY STAND FOR THE
 LAND CAMPAIGN RETREAT

In person at Tucker Renewal House, 1731 Tucker Road, Rockland, Ontario (45 minutes from Ottawa, 1 hour, 25 minutes from Cornwall). Carpools will be organised. This event features panelist, Joan Kuyek, founder of MiningWatch Canada & author of the seminal mining justice book, Unearthing Justice: How to Protect Your Community from the Mining Industry, Aiden Gilchrist-Blackwood, Network Coordinator of the Canadian Network for Corporate Accountability (CNCA), & Eastern & Northern Ontario D&P regional animator, Kiegan Irish. The retreat fee is \$50.00/person, which includes the program, overnight accommodation, & meals. More information from Kiegan Irish at kiegan.irish@devp.org, or 613-738-9644, ext. 224.

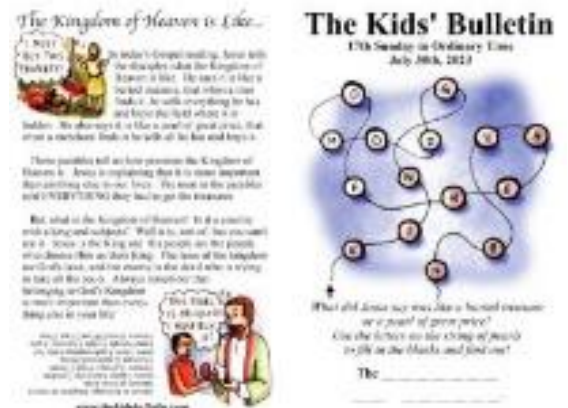
PRO-LIFE CORNER

**Survivor of late term abortion!
 Our God is an awesome God!!**

<https://dailycitizen.focusonthefamily.com/survivor-of-late-term-abortion-my-god-is-powerful/>



It would be wonderful if the Blessed Sacrament church parishioners could share some of their abundance. There is a basket located at the back of the church for you to drop off your non-perishable food items.



THE KIDS' BULLETIN

Click on the link below to see the new addition to our newsletter. It's fun for the whole family to enjoy together or individually. [KIDS BULLETIN](#)

66th Pilgrimage

Sunday August 13, 2023

OUR LADY OF KNOCK SHRINE
 ST MALACHY'S CHURCH
 3889 RTE 315
 MAYO, QC

For the 66th time, and the first since the pandemic, Our Lady of Knock Shrine at St Malachy's Church in Mayo, QC. will be holding a pilgrimage to honour Our Lady's apparition. The Eucharist will be celebrated in English by Monsignor Paul-André Durocher, Archbishop of Gatineau, assisted by Father Greg Murray of Saint Malachy's Parish.

Contact: Our Lady of Knock Shrine
 3889 Route 315,
 Mayo, QC J8L 3Z8
mayopilgrimage@gmail.com

MASS INTENTIONS

Saturday, July 29 — **Ss. Martha, Mary and Lazarus**

9:30 AM †

4:30 PM † For the repose of the soul of Harold Murray by Konrad and Jennifer Huestis

Sunday, July 30 — **17th Sunday in Ordinary Time**

9:30 AM † Conversion of Hearts to Jesus

11:30 AM † PRO POPULO

Monday, July 31 — **Saint Ignatius of Loyola**

6:30 pm †

Tuesday, August 1 — **Saint Alphonsus Liguori**

6:30 pm †

Wednesday, August 2 — **Saint Peter Julian Eymard**

9:30 am †

Thursday, August 3 — **Ferial**

9:30 AM †

Friday, August 4 — **Saint John Mary Vianney**

9:30 AM †

Saturday, August 5 — **Blessed Frédéric Janssoone**

9:30 AM †

4:30 PM † For the intentions of Bp. Joseph Strickland by Konrad and Jennifer Huestis

Sunday, August 6 — **17th Sunday in Ordinary Time**

Transfiguration of the Lord

9:30 AM † For the repose of the soul of Michael Browning by Bob and Giselle Presland

11:30 AM † PRO POPULO

OUR PRAYER LIST — *Let us pray for the sick and suffering*, especially, Chris Moffat, Pauline Cheeseman, Norah Hoskinson, Jennifer Boissonneault-Breau, Joseph Revells, Nancy Grover, Kerri Lynn Bulger, Jim Grover, Daniel and Madeline McBride, Ben Proctor, Mary Christine Spencer, Anna Gemella, David Kibbee, Natalie Quinn, Loren Cooper, Richard Gehring, Bridgette Bradway,, Gerry Ouderkirk, Melissa Moloissa, Marta & Dominic Pappalardo, , Jim Morgan, Thérèse Cochlin, Elizabeth (Elsa) Witteveen, Renee Scott, Cecile Dubue, Oliver Rude, Jasmine Heywood, Sharon Podlesny, Kathleen Merjudio, Alessia Cara, Antwuan Dixon, Miles Hammond, , Maria Pirrone, the Enogoo family – Bill & Christine; Jomie & Lori; Faride & Mary and their 2 children, Luis Finol, Michel and Olivier, Deborah Dillion.

PAPAL INTENTIONS FOR JULY



For a Eucharistic life.

We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

ST. THÉRÈSE PERPETUAL NOVENA

We will continue to prayer for our Parishioners and their intentions and for our community. [Novena Link HERE](#)

July 22, 2023 to July 30, 2023

Little flower, please pray for all those who do not know Jesus in a personal way. Please ask Mother Mary to lead them closer to her Son.

July 31 to August 8, 2023

St. Thérèse please pray for Holy Mother Church during these most difficult times. Please pray for the faithful to remain strong and grow even deeper in their faith and commitment to the Lord.

MARK YOUR CALENDARS!

After a long 3 years of Pandemic the 149th Annual Pilgrimage to the Shrines of Ste-Anne-de-Beaupré and Our Lady of the Cape is resuming with buses that will depart from the Dioceses of Ottawa-Cornwall, Gatineau, Pembroke, St-Jérôme/Mont-Laurier and Kingston **August 12-13, 2023. Our Weekend Celebrant is Bishop Guy Desrochers, Diocese of Pembroke.**

INFORMATION:

613 224-8110 or EMAIL:

mike.budge@bell.net

FINANCIAL STEWARDSHIP

Thank you. Your generosity is greatly appreciated.

July ~ Regular Weekly Collection	
July 1/2	\$1,537.07
July 8/9	\$1,220.85
July (*PAD)	\$8,219.00
July 15/16	\$1,164.05
July 22/23	\$805.10
July 29/30	\$
July Total to Date:	\$12,946.07

PRE-AUTHORIZED DONATIONS (*PAD)

Did you know ... Once-a-month Pre-Authorized Donations (PAD) is the same as a cash or cheque offering for the collection basket! It helps us by providing a regular, dependable flow of contributions. **To sign-up**, please pick-up a form in the Narthex, or download it [HERE](#) → place the completed form in the collection basket, and we'll set it up for you!

Bequests ~ Please remember Blessed Sacrament Parish in your Will. To make arrangements, please contact the parish Office at 613-232-4891. Our Registered Charitable Tax No. is #12896-7353-RR-0092.

DIOCESAN NEWS / EVENTS

WEEKLY NEWS AND EVENTS AROUND THE ARCHDIOCESE

[Ottawa Events](#)

[LAUDATE APP](#)

Here is another fantastic Catholic app that has everything about our faith that could ever be hoped for in an app... AND IT'S FREE!

You will want to check it out!

<http://itunes.apple.com/us/app/laudate/id499428207&mt=8>

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AVAILABLE SPACE!

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God Bless!



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