

Blessed Sacrament Parish

194 Fourth Avenue, Ottawa ON, K1S 2L6
613-232-4891; office@blessedsacrament.ca; www.blessedsacrament.ca

HOLY TRINITY SUNDAY ~ JUNE 4, 2023

MASS SCHEDULE

Regular Sunday Mass

† Saturday Vigil 4:30 pm
† Sunday Mass 9:30 am & 11:30 am

Regular Weekday Mass

† Monday and Tuesday
6:30 pm
† Wednesday, Thursday, Friday,
& Saturday morning 9:30 am

Seniors Homes Mass

† Lord Lansdowne **on hold**
† (Glebe Centre) **Thursday 10:30 AM**
† (Colonel By) **3rd Tuesday of every
month 11:00 AM**
† Amica Centre **on hold**

RECONCILIATION

- See Fr. Tim before or after ALL Masses or By Appointment during the week.
- Saturday AM 10:00 — 10:30 am
- Saturday PM 3:45 — 4:15 pm

DEVOTIONS

Eucharistic Adoration

- Wednesday to Saturday 8:30 am

In Reparation to Jesus, Mary & Joseph

- First Friday ~ *Sacred Heart of Jesus*
- First Saturday ~ *Immaculate Heart of Mary*
- First Wednesday ~ *The Most Chaste Heart of St. Joseph*

Recitation of the Holy Rosary

- Sunday in the Church 9:00 am

PARISH OFFICE

Office

Tuesday – Friday: 9:00 am — 3:30 pm
Main Reception: 613-232-4891

Clergy

Fr. Timothy P.V. Nelligan, Pastor
pastortpvn@blessedsacrament.ca
Deacon Chris Moffat
chrismoffat@me.com

Parish Staff

HIRING FOR THIS ROLE

Office Administrator
office@blessedsacrament.ca

Vivian Gratton, Bookkeeper
account@blessedsacrament.ca

Frank Deehan,
Maintenance/Custodian

Priests in Residence

Fr. Félix Roberge
Military Ordinariate of Canada
Fr. Michael Ruddick

PARISH MINISTRIES

- ♦ **Coordinator of Evangelization**
Niko Frlan,
Evangelization@blessedsacrament.ca
- ♦ **Baptism Coordinator**
Julia Moffat
- ♦ **Centretown Churches Social Action Committee** - Frank Deehan → **NEW**
Catechesis of the Good Shepherd Maria Cruz, CGS Coordinator,
Maria.cruz.cuevas@gmail.com
- ♦ **Children's Liturgy**
Ann-Louise Revells
→ **VOLUNTEER NEEDED**
- ♦ **Councils**
 - 1) **Pastoral Council Chair**
 - 2) **Finance Council Chair**
Paul Giacomini, CPA
finance@blessedsacrament.ca
- ♦ **Cursillo Representative**
→ **VOLUNTEER NEEDED**
- ♦ **Divine Mercy Cenacle** → **NEW**
Marianne Ledo,
- ♦ **Hospitality Team** → **NEW**
Austin Pellizzer; austinpellizzer@yahoo.ca
- ♦ **Music Ministry**
Richard Bethell, Music Coordinator
613-232-4891
- ♦ **Mass Ministry Coordinators**
 - 1) **Sacristans:** → **SACRISTAN(S) NEEDED – Please contact the Office to find out more info.**
 - 2) **Lectors:** David Mulcair
bible4faith@gmail.com
 - 3) **Ushers:** Fiorella Padoin-Castillo
fmcastillo29@gmail.com
- ♦ **Pro-Life Representative**
Shauna Healey
shaunahealey@hotmail.com
- ♦ **R.C.I.A.** (Adult Faith Formation)
Richard Bethell, Facilitator
lighton@gmail.com
- ♦ **SYNODAL Share Group**
- ♦ **Sacramental Preparation:**
Ann-Louise Revells,
alrevells@gmail.com
- ♦ **Safe Environment Coordinator**
Volunteer
- ♦ **Welcoming Committee**
Ann-Louise Revells
Marilyn O'Neil



PARISH HAPPENINGS

**Sunday JUNE 11th
Celebration of
Corpus Christi.
MASS at 9:30 AM
(Only Mass)**

There will be only one Mass taking place on June 11th at 9:30 AM for the celebration of our Parish feast day: Corpus Christi. The 9:30 AM Mass will be followed by AGM and a BBQ. It is very important to attend the AGM. All are welcome and we look forward to celebrating our Parish Feast Day with you!

Blessed Sacrament Vs. St. Clements Knights of Columbus Rivalry Soccer Game

When: June 10th, game starts at 12 PM
Where: The Soccer field across the street from Blessed Sacrament Parish
We are looking for players and cheerleaders! Come out and cheer our Blessed Sacrament team as they take on St. Clements in a friendly rivalry match. There will be a social afterwards aided by the Knights of Columbus held in the Parish Hall!

We ask you to bring a free will offering to support the Parish and help cover costs. For more details please contact Michael Tate: Tate.michael3@gmail.com

Farewell & God bless to Gemma-Lee (Office Administrator)

Our Office Administrator Gemma-Lee will be leaving us and we will surely miss her but we wish her the very best in her new administrative role with Divine Renovation Ministry.

FACES OF ABORTION TOUR:

FACES OF ABORTION TOUR: This summer, CCBP is going on a national tour across the country. At each stop, there will be educational Pro-Life street outreach during the day and an evening presentation on *The Faces of Abortion* and how to take action to End the Killing. Local stop: **Fri June 16 @7pm - Ottawa Reformed Presbyterian Church (466 Woodland Avenue, Ottawa, ON).** For more details and other stop locations visit endthekilling.ca/tour. If you'd like to join local outreach during the day, please contact Charity at cwielinga@endthekilling.ca.

Support Evangelization

Please consider donating to our evangelization efforts at Blessed Sacrament. Follow the link for details on how you can donate. <http://www.blessedsacrament.ca/donations/>



FORMED is **FREE** for parishioners: FORMED offers Documentaries, talks, movies and much more ... Click the FORMED logo to register or go to the BSP website. <https://formed.org/signup>

Anyone wishing to donate toward the total cost of \$1,074.63 are most welcomed to do so. Thank you for your consideration and generosity



SCHEDULING A BAPTISM?

Please contact our Baptism Coordinator, Julia Moffat, through the Office at 613-232-4891 or Office@blessedsacrament.ca

Need a hot meal? Or basic groceries?

Contact the parish Office for a list of places and helpful resources. 613-232-4891

THE HUB



Insta-> @thehub555

Follow "The Hub" on Instagram for updates about Catholic Young Adult events around Ottawa!

PRO-LIFE CORNER

If you missed participating in the walk this year, start planning for next. Start praying for one baby. Offer a Holy Mass for the end to abortion. Sacrifice a meal, or two or three a week for the end to abortion. Speak up for life! Babies are counting on us!

See the highlights of March for Life 2023. <https://marchforlife.ca/> Simply amazing!

Food Basket Donations for Centretown Emergency Food Centre

It would be wonderful if the Blessed Sacrament church parishioners could share some of their abundance. There will be baskets located at the back of the church for you to drop off your non-perishable food items.

The Holy Trinity

Today we are celebrating the feast of the Holy Trinity. "Trinity" means "three" and tells us that there are three Persons in God. There is only one God, but God is a relationship of the Father and the Son (Jesus) and the Holy Spirit.

Each of the Persons in the Holy Trinity is really God, so the Father is really God, and Jesus is really God, and the Holy Spirit is really God. But they are not all the same Person. Each of the Persons in the Holy Trinity is also equal to all the others. So the Father is not greater than the Son or the Holy Spirit; they are all equal.

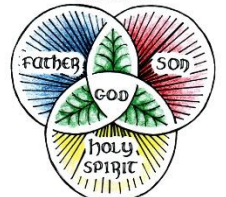
Sometimes we can understand the Holy Trinity as if it were like a family. Each of the persons is different, but the family wouldn't really exist if any one of them were missing. The Holy Trinity is also a relationship of love. Because God is so full of love He wanted to share it with others, so that is why He made us! When we live the way God wants us to we are joining in the life of the Holy Trinity. Isn't that amazing?



www.thekidsbulletin.com

The Kids' Bulletin

Solemnity of the Most Holy Trinity
June 4th, 2023



What does the word "Trinity" say about God?
Use the code to find out!

Y F F E E T E F J O A I
I A O X E U O X
D E G H I N O P R S T
X E U F I L A O T F F L Y

THE KIDS' BULLETIN

Click on the link below to see the new addition to our newsletter. It's fun for the whole family to enjoy together or individually. [KIDS BULLETIN](#)

MASS INTENTIONS

Saturday, June 3 — St. Charles Lwanga & Companions

9:30 AM † For the intentions of Iréné & Jeanette Primeau by Danielle Mailhot

4:30 PM †

Sunday, June 4 – The Solemnity of the Most Holy Trinity

9:30 AM †

11:30 AM † Pro Populo

Monday, June 5 — St. Boniface

6:30 pm †

Tuesday, June 6 — St. Norbert

6:30 pm †

Wednesday, June 7 —

9:30 am † for the intentions of Fr. Michael Ruddick on this 20th Anniversary of his Ordination by Carol Gaboury

Thursday, June 8 – St. Ephrem

9:30 AM †

Friday, June 9 –

9:30 AM †

Saturday, June 10 — Our Lady's Saturday

9:30 AM †

9:30 AM †

4:30 PM †

Sunday, June 11 – Corpus Christi Sunday

9:30 AM †

11:30 AM † Pro Populo

OUR PRAYER LIST — Let us pray for the sick and suffering, especially, Chris Moffat, Pauline Cheeseman, Norah Hoskinson, Jennifer Boissonneault-Breau, Joseph Revells, Nancy Grover, Kerri Lynn Bulger, Jim Grover, Daniel and Madeline McBride, Ben Proctor, Mary Christine Spencer, Anna Gemella, David Kibbee, Natalie Quinn, Loren Cooper, Richard Gehring, Bridgette Bradway,, Gerry Ouder Kirk, Melissa Moloissa, Marta & Dominic Pappalardo, , Jim Morgan, Thérèse Cochlin, Elizabeth (Elsa) Witteveen, Renee Scott, Cecile Dubue, Oliver Rude, Jasmine Heywood, Sharon Podlesny, Kathleen Merjudio, Alessia Cara, Antwuan Dixon, Miles Hammond, , Maria Pirrone, the Enooogo family – Bill & Christine; Jomie & Lori; Faride & Mary and their 2 children, Luis Finol, Michel and Olivier, Deborah Dillion.



PAPAL INTENTIONS FOR JUNE

Let us pray for the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

ST. THÉRÈSE PERPETUAL NOVENA

We will continue to prayer for our Parishioners and their intentions and for our community. [Novena Link HERE](#)

May 28 to June 6, 2023

St. Therese, Pentecost is upon us!!! Please petition the Holy Spirit to find the opening in the heart of all parishioners and their family members, even if it is just an itty, bitsy opening. Ask Him to create in us a new being. May eyes be opened, may ears hear and may hearts return to the Lord!!

MARK YOUR CALENDARS!

After a long 3 years of Pandemic the 149th Annual Pilgrimage to the Shrines of Ste-Anne-de-Beaupré and Our Lady of the Cape is resuming with buses that will depart from the Dioceses of Ottawa-Cornwall, Gatineau, Pembroke, St-Jérôme/Mont-Laurier and Kingston **August 12-13, 2023. Our Weekend Celebrant is Bishop Guy Desrochers, Diocese of Pembroke.**

INFORMATION:

**613 224-8110 ou EMAIL:
mike.budge@bell.net**

FINANCIAL STEWARDSHIP

Thank you. Your generosity is greatly appreciated.

| June ~ Regular Weekly Collection | |
|----------------------------------|----|
| June 3/4 | |
| June 10/11 | |
| June 18 (*PAD) | |
| June 17/18 | |
| June 24/25 | |
| June Total to Date | \$ |

PRE-AUTHORIZED DONATIONS (*PAD)

Did you know ... Once-a-month Pre-Authorized Donations (PAD) is the same as a cash or cheque offering for the collection basket! It helps us by providing a regular, dependable flow of contributions. **To sign-up**, please pick-up a form in the Narthex, or download it [HERE](#) → place the completed form in the collection basket, and we'll set it up for you!

Bequests ~ Please remember Blessed Sacrament Parish in your Will. To make arrangements, please contact the parish Office at 613-232-4891. Our Registered Charitable Tax No. is #12896-7353-RR-0092.

DIOCESAN NEWS / EVENTS

WEEKLY NEWS AND EVENTS AROUND THE ARCHDIOCESE

50th Anniversary-Saint Raphael Parish – June 25 @ 3:00 pm - 7:00 pm:

The New Church of St Raphael's officially opened fifty years ago on Sunday, July 8, 1973. Fr Elvis Odoegbulem and the St Raphael's Parishioners invite all to share in our celebration on **Sunday, June 25, 2023**. Join us for Mass at 3:00pm followed by reception/supper across the road in the Parish Hall.

Ottawa Events

LAUDATE APP

Here is another fantastic Catholic app that has everything about our faith that could ever be hoped for in an app... AND IT'S FREE!

You will want to check it out!

<http://itunes.apple.com/us/app/laudate/id499428207&mt=8>

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