Blessed Sacrament Parish

194 Fourth Avenue, Ottawa ON, K1S 2L6
613-232-4891; office@blessedsacrament.ca; www.blessedsacrament.ca

THE ASCENSION OF THE LORD ~ MAY 21ST, 2023

MASS SCHEDULE

Regular Sunday Mass

† Saturday Vigil ..... 4:30 pm
† Sunday Mass 9:30 am & 11:30 am

Regular Weekday Mass

† Monday and Tuesday 6:30 pm
† .....Wednesday, Thursday, Friday, & Saturday morning ..... 9:30 am

Seniors Homes Mass

† Lord Lansdowne ..... **on hold**
† (Glebe Centre) **Thursday 10:30 AM**
† (Colonel By) **3rd Tuesday of every month 11:00 AM**
† Amica Centre ..... **on hold**

RECONCILIATION

- See Fr. Tim before or after *ALL* Masses or By Appointment during the week.
- Saturday AM ..... 10:00 —10:30 am
- Saturday PM ..... 3:45 — 4:15 pm

DEVOTIONS

Eucharistic Adoration
- Wednesday to Saturday ..... 8:30 am

In Reparation to Jesus, Mary & Joseph
- First Friday ~ *Sacred Heart of Jesus*
- First Saturday ~ *Immaculate Heart of Mary*
- First Wednesday ~*The Most Chaste Heart of St. Joseph*

Recitation of the Holy Rosary
- Sunday in the Church ..... 9:00 am

PARISH OFFICE

Office
Tuesday, Wednesday, Friday 9:30 am — 4:00 pm Thursday 9:30 AM – 3:00 PM
Main Reception: 613-232-4891

Clergy

Fr. Timothy P.V. Nelligan, Pastor
pastortpvn@blessedsacrament.ca
Deacon Chris Moffat
chrismoffat@me.com

Parish Staff
Gemma-Lee Watson,
Office Administrator
office@blessedsacrament.ca

Vivian Gratton, Bookkeeper
account@blessedsacrament.ca

Frank Deehan,
Maintenance/Custodian

Priests in Residence

Fr. Félix Roberge
Military Ordinariate of Canada
Fr. Michael Ruddick

PARISH MINISTRIES

- **Coordinator of Evangelization** Niko Frlan, Evangelization@blessedsacrament.ca
- **Baptism Coordinator** Julia Moffat
- **Centretown Churches Social Action Committee** - Frank Deehan ➡ NEW
- **Catechesis of the Good Shepherd** Maria Cruz, CGS Coordinator, Maria.cruz.cuevas@gmail.com
- **Children's Liturgy** Ann-Louise Revells ➡ VOLUNTEER NEEDED
- **Councils**
  1) **Pastoral Council Chair**
  2) **Finance Council Chair** Paul Giacomin, CPA finance@blessedsacrament.ca
- **Cursillo Representative** ➡ VOLUNTEER NEEDED
- **Divine Mercy Cenacle** ➡ NEW Mariette Ledo,
- **Hospitality Team** ➡ NEW Austin Pellizzer; austinpellizzer@yahoo.ca
- **Music Ministry** Richard Bethell, Music Coordinator 613-232-4891
- **Mass Ministry Coordinators**
  1) **Sacristans:** ➡ SACRISTAN(S) NEEDED – Please contact the Office to find out more info.
  2) **Lectors:** David Mulcair bible4faith@gmail.com
  3) **Ushers:** Fiorella Padoin-Castillo fmcastillo29@gmail.com
- **Pro-Life Representative** Shauna Healey shaunahealey@hotmail.com
- **R.C.I.A.** (Adult Faith Formation) Richard Bethell, Facilitator lighton@gmail.com
- **SYNODAL Share Group**
- **Sacramental Preparation**: Ann-Louise Revells, alrevells@gmail.com
- **Safe Environment Coordinator** Volunteer
- **Welcoming Committee** Ann-Louise Revells Marilyn O'Neil

PARISH HAPPENINGS

COME JOIN US! May 26th – 28th

https://encounterottawa.regfox.com/2023-pentecost-retreat-
Click the link to register!

PRO-LIFE CORNER

If you missed participating in the walk this year, start planning for next. Start praying for one baby. Offer a Holy Mass for the end to abortion. Sacrifice a meal, or two or three a week for the end to abortion. Speak up for life! Babies are counting on us!

See the highlights of March for Life 2023.
https://marchforlife.ca/
Simply amazing!

Sunday JUNE 11th Celebration of Corpus Christi.

MASS at 9:30 AM (Only Mass June 11th)

There will be only one Mass taking place on June 11th at 9:30 AM for the celebration of our Parish feast day: Corpus Christi.
The 9:30 AM Mass will be followed by **AGM** and a **BBQ**. It is very important to attend the AGM. All are welcome and we look forward to celebrating our Parish Feast Day with you!

Employment/Volunteer Opportunities

Full-time position:
Administrative Finance Officer for Miriam Centre
Salary $22.00/hr 31.5 hours a week (Monday to Thursday 9:00am to 4pm & Friday 9:00am to 12:00)
Miriam Centre a Christian ministry, is seeking a compassionate pro-life person whose primary responsibility will be to help pregnant women and their families. Must be bilingual (French and English) and possess computer skills (Word, Excel) and Accounting skills (QuickBooks, basic knowledge of bookeeping and knowledge of a database).
Please submit your resume to: Nicole Beaudin at: dir.centremiriam@gmail.com

Support Evangelization

Please consider donating to our evangelization efforts at Blessed Sacrament. Follow the link for details on how you can donate. http://www.blessedsacrament.ca/donations/

THE CATHOLIC FAITH. ON DEMAND.

FORMED is **FREE** for parishioners: FORMED offers Documentaries, talks, movies and much more … Click the FORMED logo to register or go to the BSP website. https://formed.org/signup

Anyone wishing to donate toward the total cost of $1,074.63 are most welcomed to do so. Thank you for your consideration and generosity

SCHEDULING A BAPTISM? Please contact our Baptism Coordinator, Julia Moffat, through the Office at 613-232-4891 or Office@blessedsacrament.ca

Need a hot meal? Or basic groceries?

Contact the parish Office for a list of places and helpful resources. 613-232-4891

THE HUB

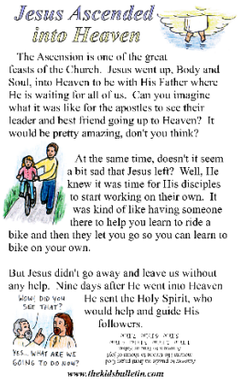
Follow "The Hub" on Instagram for updates about Catholic Young Adult events around Ottawa!

Food Basket Donations for Centretown Emergency Food Centre

It would be wonderful if the Blessed Sacrament church parishioners could share some of their abundance. There will be baskets located at the back of the church for you to drop off your non-perishable food items.

JOIN US: Spiritual Motherhood of Priests (SMOP)

An invitation to any Catholic woman interested in becoming a Spiritual Mother of Priests. Formation Weekend and Induction/Renewal Promises Mass—June 2, 3, 4, 2023 at HOLY REDEEMER CHURCH, 44 Rothesay Drive, Kanata. Details at events page on www.spiritualmotherhoodofpriests.ca
Please register by email to spiritualmotherhoodottawa@gmail.com by Wed. May 24th. More info: 613-254-7220.


Jesus Ascended into Heaven

The Ascension is one of the great feasts of the Church. Jesus went up, Body and Soul, into Heaven to be with His Father where He is waiting for all of us. Can you imagine what it was like for the apostles to see their leader and best friend going up to Heaven? It would be pretty amazing, don't you think?

At the same time, doesn't it seem a bit sad that Jesus left? Well, He knew it was time for His disciples to start working on their own. It was kind of like having someone there to help you learn to ride a bike and then they let you go so you can learn to bike on your own.

But Jesus didn't go away and leave us without any help. Nine days after He went into Heaven He sent the Holy Spirit, who would help and guide His followers.

WOW! DID YOU SEE THAT?

YES... WHAT ARE WE GOING TO DO NOW?

www.thekidsbulletin.com

The Kids' Bulletin

Feast of the Ascension
May 18th or May 21st, 2023

A G B O C D D M E O F U G N H T H S J H K
I L S M T N I I O R P O Q N R E S T T O U S
V H W O X U Y T Z S A O B F C J D O F Y F

What does today's Psalm say about the Ascension? Use every other letter from the box of letters above to fill in the blanks below.

G

_____ __ _____
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THE KIDS' BULLETIN

Click on the link below to see the new addition to our newsletter. It's fun for the whole family to enjoy together or individually. KIDS BULLETIN

Heart of Worship: Adoration Night

Heart of Worship adoration evening – Tuesday, May 30 @6:45 - 8:30 – 44 Rothesay Dr., Kanata, Ottawa – Talk by Fr. John Orban with theme of "Mary full of Grace" – Praise and worship music – Silent prayer time – Confession – Snacks.

MASS INTENTIONS

Saturday, May 20 — **St. Bernardine of Siena**

9:30 AM † Personal intentions of Luisa Valbuena by Luisa Valbuena

4:30 PM †

Sunday, May 21 – **The Ascension of the Lord**

9:30 AM † Personal intentions of Luisa Valbuena

9:30 AM † For the intentions of Robert Campbell by Carol Campbell

11:30 AM † Pro Populo

Monday, May 22 — **St. Rita Cascia**

6:30 pm † Personal intentions of Luisa Valbuena

Tuesday, May 23 —

6:30 pm † Personal intentions of Luisa Valbuena

Wednesday, May 24 — **Blessed Louis-Zephirin Moreau**

9:30 am † The Intentions of Luisa Valbuena

9:30 am † For the intentions of the Poirier Family by Lyne Poirier-Lorusso

Thursday, May 25 – St. Bede the Venerable, St Gregory VII, St. Mary Magdalene de Pazzi

9:30 AM †The Intentions of Luisa Valbuena

9:30 AM † Repose of the soul of Elio Calisti by Rosina Di Saverio

Friday, May 26 – St. Philip Neri

9:30 AM † The Intentions of Luisa Valbuena

Saturday, May 27 — **St. Augustine of Canterbury**

9:30 AM † The Intentions of Luisa Valbuena

9:30 AM † The intentions of Vanessa Plettell by Delrina & Gemma-Lee Watson

4:30 PM †

Sunday, May 28 – **Pentecost Sunday**

9:30 AM † The Intentions of the Parent Family by Shauna Healey-Parent

11:30 AM † Pro Populo

OUR PRAYER LIST — *Let us pray for the sick and suffering,* especially, Chris Moffat, Pauline Cheeseman. Norah Hoskinson, Jennifer Boissonneault-Breau, Joseph Revells, Nancy Grover, Kerri Lynn Bulger, Jim Grover, Daniel and Madeline McBride, Ben Proctor, Mary Christine Spencer, Anna Gemella, David Kibbee, Natalie Quinn, Loren Cooper, Richard Gehring, Bridgette Bradway,, Gerry Ouderkirk, Melissa Moloissa, Marta & Dominic Pappalardo, , Jim Morgan, Thérèse Cochlin, Elizabeth (Elsa) Witteveen, Renee Scott, Cecile Dubue, Oliver Rude, Jasmine Heywood, Sharon Podlesny, Kathleen Merjudio, Alessia Cara, Antwuan Dixon, Miles Hammond, , Maria Pirrone, the Enoogoo family – Bill & Christine; Jomie & Lori; Faride & Mary and their 2 children, Luis Finol, Michel and Olivier, Deborah Dillion.

PAPAL INTENTIONS FOR MAY

Let us pray for church movements and groups

We pray that Church movements and groups may rediscover their mission of evangelization each day, placing their own charisms at the service of needs in the world.

ST. THÉRÈSE PERPETUAL NOVENA

We will continue to prayer for our Parishioners and their intentions and for our community. ***Novena Link HERE***

May 19 to May 27, 2023

St. Therese, during this month, please tell Mother Mary how much we love her. Please ask her to hear the cries of her daughters who are earthly mothers. Please ask her to lead the children, young or grown, of these mothers, to her Son. Amen.

MARK YOUR CALENDARS!

After a long 3 years of Pandemic the 149th Annual Pilgrimage to the Shrines of Ste-Anne-de-Beaupré and Our Lady of the Cape is resuming with buses that will depart from the Dioceses of Ottawa-Cornwall, Gatineau, Pembroke, St-Jérôme/Mont-Laurier and Kingston **August 12-13, 2023. Our Weekend Celebrant is Bishop Guy Desrochers, Diocese of Pembroke.**

INFORMATION:

613 224-8110 ou EMAIL: mike.budge@bell.net

FINANCIAL STEWARDSHIP

Thank you. Your generosity is greatly appreciated.

May ~ Regular Weekly Collection	
May 6/7	$1,094.50
May 13/14	
May 18 (*PAD)	$8, 204.00
May 20/21	
May 27/28	
May Total to Date	$9,298.50

PRE-AUTHORIZED DONATIONS (*PAD)

Did you know ... Once-a-month Pre-Authorized Donations (PAD) is the same as a cash or cheque offering for the collection basket! It helps us by providing a regular, dependable flow of contributions. **To sign-up,** please pick-up a form in the Narthex, or download it **HERE** → place the completed form in the collection basket, and we'll set it up for you!

Bequests ~ Please remember Blessed Sacrament Parish in your Will. To make arrangements, please contact the parish Office at 613-232-4891. Our Registered Charitable Tax No. is #12896-7353-RR-0092.

DIOCESAN NEWS / EVENTS

WEEKLY NEWS AND EVENTS AROUND THE ARCHDIOCESE

St. Mary's Pentecost Vigil – Night of Worship and Ministry - May 27 @ 7:00 pm - 9:30 pm. Join St. Mary's Parish, 100 Young St., on May 27th, 2023 (7-9:30 pm) for an evening of praise, prophecy, teaching, healing, and Eucharistic adoration. Theme: Become Fire! Speaker: Fr. Mark Goring, CC, Pastor of St. Mary's Parish

.Ottawa Events

LAUDATE APP

Here is another fantastic Catholic app that has everything about our faith that could ever be hoped for in an app… AND IT'S FREE!
You will want to check it out!
http://itunes.apple.com/us/app/laudate/id499428207&mt=8

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God Bless!

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