Blessed Sacrament Parish

194 Fourth Avenue, Ottawa ON, K1S 2L6
613-232-4891; office@blessedsacrament.ca; www.blessedsacrament.ca

3RD SUNDAY IN ORDINARY TIME ~ JANUARY 22ND, 2023

MASS SCHEDULE

Regular Sunday Mass

† Saturday Vigil ..... 4:30 pm
† Sunday Mass 9:30 am & 11:30 am

Regular Weekday Mass

† Monday and Tuesday 6:30 pm
† .....Wednesday, Thursday, Friday, & Saturday morning ..... 9:30 am

Seniors Homes Mass

† Lord Lansdowne ..... **on hold**
† (Glebe Centre) ..... **on hold**
† (Colonel By) ..... **on hold**
† Amica Centre ..... **on hold**

RECONCILIATION

- See Fr. Tim before or after *ALL* Masses or By Appointment during the week.
- Saturday AM ..... 10:00 —10:30 am
- Saturday PM ..... 3:45 — 4:15 pm

DEVOTIONS

Eucharistic Adoration

- Wednesday to Saturday ..... 8:30 am

In Reparation to Jesus, Mary & Joseph

- First Friday ~ *Sacred Heart of Jesus*
- First Saturday ~ *Immaculate Heart of Mary*
- First Wednesday ~*The Most Chaste Heart of St. Joseph*

Recitation of the Holy Rosary

- Sunday in the Church ..... 9:00 am

PARISH OFFICE

Office

Tuesday to Friday.... 9:30 am — 3:30 pm
Main Reception: 613-232-4891

Clergy

Fr. Timothy P.V. Nelligan, Pastor
pastortpvn@blessedsacrament.ca

Deacon Chris Moffat
chrismoffat@me.com

Parish Staff

Gemma-Lee Watson,
Office Administrator
office@blessedsacrament.ca

Vivian Gratton, Bookkeeper
account@blessedsacrament.ca

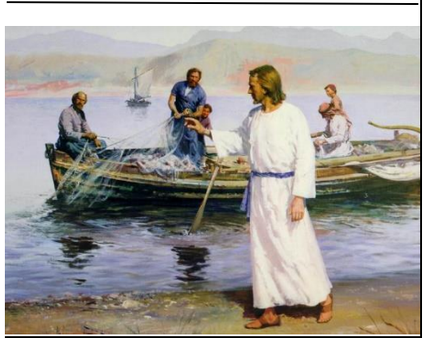
Frank Deehan,
Maintenance/Custodian

Priests in Residence

Fr. Félix Roberge
Military Ordinariate of Canada

PARISH MINISTRIES

- **Coordinator of Evangelization**
  Niko Frlan,
  Evangelization@blessedsacrament.ca
- **Baptism Coordinator**
  Julia Moffat
- **Centretown Emergency Food Centre**
  Lyne Poirier-Lorusso,
  lyneplorusso@rogers.com
- **Catechesis of the Good Shepherd**
  Maria Cruz, CGS Coordinator,
  Maria.cruz.cuevas@gmail.com
- **Children's Liturgy**
  Ann-Louise Revells
  ➡ **VOLUNTEER NEEDED**
- **Councils**
  1) **Pastoral Council Chair**
  Alan Thibeau,
  thibeau.alan@gmail.com
  2) **Finance Council Chair**
  Paul Giacomin, CPA
  finance@blessedsacrament.ca
- **Cursillo Representative**
  ➡ **VOLUNTEER NEEDED**
- **Divine Mercy Cenacle** ➡ **NEW**
  Mariette Ledo,
- **Hospitality Team** ➡ **NEW**
  Austin Pellizzer; austinpellizzer@yahoo.ca
- **Music Ministry**
  Richard Bethell, Music Coordinator
  613-232-4891
- **Mass Ministry Coordinators**
  1) **Sacristans:** ➡ **SACRISTAN(S) NEEDED – Please contact the Office to find out more info.**
  2) **Lectors:** David Mulcair
  bible4faith@gmail.com
  3) **Ushers:** Fiorella Padoin-Castillo
  fmcastillo29@gmail.com
- **Pro-Life Representative**
  Shauna Healey
  shaunahealey@hotmail.com
- **R.C.I.A.** (Adult Faith Formation)
  Richard Bethell, Facilitator
  lighton@gmail.com
- **SYNODAL Share Group**
  Allan Thibeau,
  thibeau.alan@gmail.com
- **Sacramental Preparation**:
  Ann-Louise Revells,
  alrevells@gmail.com
- **Safe Environment Coordinator**
  Volunteer
- **Welcoming Committee**
  Ann-Louise Revells
  Marilyn O'Neil



PARISH HAPPENINGS!

Are you interested in knowing the person of Jesus more? Are you looking to grow more in your faith?

If so, the **Discovery Faith Study Series** may be of interest to you!

Click here to find out more:
https://forms.gle/usN7YzNkyNaxxU1J6

Parish Council Needs YOU!

Are you interested in being more involved at Blessed Sacrament Parish? Consider becoming a member of our parish council. As a parish council member, you will represent the interests of the entire congregation. Our Catholic priests depend on their parish council to help them make effective and timely decisions regarding the operations of the parish. Our parish council currently meets monthly, **each first Thursday from 7 PM until 9 PM.** Your total time commitment to the council should not exceed two hours per month. Please contact our parish office if you are interested in this important volunteer opportunity.

PRO-LIFE CORNER

10 Inspiring Pro-life short stories 2 minutes to 12 minutes in length: you choose!

https://www.spiritjuicestudios.com/10-inspiring-pro-life-stories/

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Anyone wishing to donate toward the total cost of $1,074.63 are most welcomed to do so. Thank you for your consideration and generosity.

Employment Opportunities

Miriam Centre is looking to fill a full-time position, ***Accounts Manager***. Must be fluently bilingual, compassionate pro-life person to help pregnant women. Needs good accounting and computer skills (QuickBooks, MS Word, Excel and database). $18.00/hr

Contact: Nicole Beaudin, by email at: dir.centremiriam@gmail.com ,Tel. 613-830-8623. For more information and job description: https://miriamcentre.ca

Office Manager - Our Lady of Fatima Parish: Permanent full-time position. A great opportunity! No phone calls please. Full details available at fatimaparish.ca/employment-opportunities

Support Evangelization

DONATE TODAY

Please consider donating to our evangelization efforts at Blessed Sacrament. Follow the link for details on how you can donate. http://www.blessedsacrament.ca/donations/

Children's Liturgy IS BACK.

Children's Liturgy is back for children ages 4-7 and will be taking place during the 9:30 AM Sunday Mass.

SCHEDULING A BAPTISM? Please contact our Baptism Coordinator, Julia Moffat, through the Office at 613-232-4891 or Office@blessedsacrament.ca

Need a hot meal? Or basic groceries?

Contact the parish Office for a list of places and helpful resources. 613-232-4891

Synodal Process- Synthesis Report

The document found in this link is intended to summarize the key insights of our local synodal process which took place between October 2021 and May 2022. Synodal conversations were held in parishes and many other informal settings across the Archdiocese. Sincere thanks to the many parishioners of Blessed Sacrament parish, who generously gave their time and energies to this important synodal process. Another document representing the specific findings from our parish, as well as Fr. Tim's comments and observations will follow in the next few weeks.

See link below:
Microsoft Word - Synodal Sythesis - Archdiocese of Ottawa-Cornwall Final .docx (d2h4p72yjb3hg1.cloudfront.net)

Food Basket Donations for Centretown Emergency Food Centre

It would be wonderful if the Blessed Sacrament church parishioners could share some of their abundance. There will be baskets located at the back of the church for you to drop off your non-perishable food items.

Ottawa Catholic Young Professionals

Ottawa Catholic Young Professionals (OCYP): This new ministry is for professionals under 40 looking to excel in their professional vocation while living out their faith in the workplace! Join us **Thursday February 2nd at 7:00 PM** at Royal Oak Pub (188 Bank St), for an evening of networking and a brief address from Amy Cronin on the topic of "How to change the world one step at a time". For more information, visit ocyp.ca, find us on Facebook, or email info@ocyp.ca.

THE KIDS' BULLETIN

Click on the link below to see the new addition to our newsletter. It's fun for the whole family to enjoy together or individually. KIDS BULLETIN

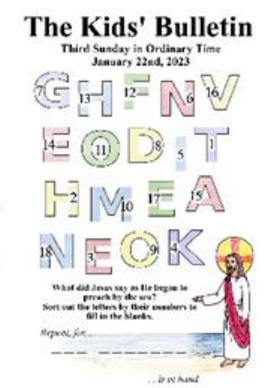
Jesus Tells us to Repent

Today we hear about Jesus beginning His mission of preaching and healing the sick. The very first thing He tells the people is that they should repent from their sins.

Why do we need to repent of our sins? Why don't we just stop thinking about the bad things we did and start trying to be good?

Well, pretend your soul is like a garden. When you sin, it's like making a big hole in the ground. You can't grow flowers in a hole, and someone might trip on it and make the hole bigger. That's what can happen with sins too- little sins can cause bigger ones.

When you are sorry for your sins and go to confession it's like filling in the holes and planting flowers where they used to be. Keep your soul like a good garden and make sure you don't have any holes in it!


The Kids' Bulletin

Third Sunday in Ordinary Time

January 22nd, 2023

What did Jesus say as He began to preach by the sea?

Sort out the letters by their numbers to fill in the blanks.

Repent, for...

MASS INTENTIONS

Saturday, January 21 — **St. Agnes**

9:30 am † Intentions of Deacon Chris Moffat by Natalia Havrylyshyn

4:30 pm †

Sunday, January 22 – **3rd Sunday in Ordinary Time**

9:30 AM † The intentions of all the living Campbell family members by Carol Campbell

11:30 AM † Pro Populo

Monday, January 23 —

6:30 pm †

Tuesday, January 24 — **St. Francis de Sales**

6:30 pm † Repose of the soul of Rayne Plettell-Kenny by Vanessa Plettell

Wednesday, January 25 — **The Conversion St. Paul the Apostle**

9:30 am † Intentions of Deacon Chris Moffat by Natalia Havrylyshyn

Thursday, January 26 – St. Timothy & St. Titus

9:30 am † Repose of the soul of Chenyse Plettell by Vanessa Plettell

Friday, January 27 – **St. Angela**

9:30 am †

Saturday, January 28 — **St. Thomas Aquinas**

9:30 am †

4:30 pm †

Sunday, January 29 – **4th Sunday in Ordinary Time**

9:30 AM †

11:30 AM † Pro Populo

OUR PRAYER LIST — *Let us pray for the sick and suffering,* especially, Nancy Grover, Kerri Lynn Bulger, Paula Scott, Jim Grover, Daniel and Madeline McBride, Ben Proctor, Mary Christine Spencer, Anna Gemella, David Kibbee, Natalie Quinn, Loren Cooper, Richard Gehring, Bridgette Bradway,, Gerry Ouderkirk, Melissa Moloissa, Debbie Lavallie, Marta & Dominic Pappalardo, t, Jim Morgan, Thérèse Cochlin, Elizabeth (Elsa) Witteveen, Yvonne Bulger, George Hutchinson, Renee Scott, Cecile Dubue, Oliver Rude, Kathleen Driscoll, Jasmine Heywood, Anne Sheflin, Linda Richards, Sharon Podlesny, Kathleen Merjudio, Alessia Cara, Antwuan Dixon, Miles Hammond, Gerry Nagy, Ken Dufour, Luisa Valbuena, Nicole Lassaline, Norah Hoskinson, Deacon Chris Moffat, Vern & Pauline Nelligan, Paula Hickey, Marie-Josée Gulian,, Anthony McDermott, Agnes McBridge, Maria Pirrone, the Enoogoo family – Bill & Christine; Jomie & Lori; Faride & Mary and their 2 children, Luis Finol, Mireille Henri, Michel and Olivier, Deborah Dillion.

PAPAL INTENTIONS FOR JANUARY

Let us pray for Educators ~

We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.

ST. THÉRÈSE PERPETUAL NOVENA

We will continue to prayer for our Parishioners and their intentions and for our community. ***Novena Link HERE***

January 19 to 27, 2023

Peace. Peace. Peace. St. Therese ask Abba to help all parishioners and our families to disconnect for time alone with Jesus, every single day. We hear Him in the silence. So, may we carve out time in our daily routine for: no texts, no emails, no T.V, no telephone, no twitter, no chatting. Period. Please ask God to help more and more people in our parish to truly hear His voice!

LAUDATE APP

Here is another fantastic Catholic app that has everything about our faith that could ever be hoped for in an app… AND IT'S FREE!

You will want to check it out!

http://itunes.apple.com/us/app/laudate/id499428207&mt=8

MARK YOUR CALENDARS!

NIGHT OF WORSHIP AND MINISTRY. Join St. Mary's Parish, 100 Young St., for an evening of praise, prophecy, teaching, and healing on January 27 (7-9 pm). Theme: Death is Not the Last Word. Speaker: Fr. Francis Donnelly, CC, Encounter School of Ministry - Ottawa Campus Chaplain. The Prayer and Prophetic Ministry members will be available to pray for you in person.

ONLINE @ St. Mary's YouTube Channel (https://www.youtube.com/channel/UCtV6m7ZoNkrK4HJOSU6jQFA)

or Facebook (https://www.facebook.com/stmarys.parish.5)

Info: Natalia Lacar (613-728-9811 x720; night.worship.ministry@stmarysottawa.ca).

FINANCIAL STEWARDSHIP

Thank you. Your generosity is greatly appreciated.

January ~ Regular Weekly Collection	
January 7/8	$1,601.00
January 14/15	$1,202.10
January 18 (*PAD)	$ 8,749.00
January 21/22	
January 28/29	
January Total to Date	**$11,552.10**

PRE-AUTHORIZED DONATIONS (*PAD)

Did you know … Once-a-month Pre-Authorized Donations (PAD) is the same as a cash or cheque offering for the collection basket! It helps us by providing a regular, dependable flow of contributions. **To sign-up,** please pick-up a form in the Narthex, or download it **HERE** → place the completed form in the collection basket, and we'll set it up for you!

Bequests ~ Please remember Blessed Sacrament Parish in your Will. To make arrangements, please contact the parish Office at 613-232-4891. Our Registered Charitable Tax No. is #12896-7353-RR-0092.

DIOCESAN NEWS / EVENTS

WEEKLY NEWS AND EVENTS AROUND THE ARCHDIOCESE

FRIDAY FAX: CLICK HERE

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God Bless!

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